

## **CURRICULUM VITAE**

### **PERSONAL PARTICULARS**

**Name:** Sarah Cherobon Bett

**Nationality:** Kenyan

**Currently:** Lecturer at Kenyatta University – School of Nursing

**Permanent Postal Address:** 9414, 00100 GPO Nairobi.

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### **PROFESSIONAL OVERVIEW**

Sarah is dedicated healthcare promoter, educator and mentor in nursing with a wealth of practice in the health sector. In the past over 15 years she has worked with nursing students and healthcare workers with an aim of transforming service delivery and management of healthcare through participatory and practical training and research. In addition, she has pursued Global Health leadership training as an Afya Bora Consortium Fellow and was attached at the Centre for Disease and Control where she participated in conducting the Kenya AIDS Indicator Survey and Monitoring and Evaluation activities. Sarah's global health interest is delivering exceptional nursing care and Global Health paediatrics research.

### **EDUCATION:**

**2015- 2020** Birmingham City University- PhD

**2016** Postgraduate certificate in Research Practice – Awarded by Birmingham City University

**2007-2009** University of Nairobi, master's in nursing – Paediatric

**2001-2007** University of Nairobi, master's in public health

**1993-1998** University of Eastern Africa Baraton- Bachelor of Science in Nursing

**1989 -1992** Moi Girls High School - Eldoret,

**1980-1988** Kaptagat preparatory school- primary education

### **PROFESSIONAL TRAINING**

- **Mental Health First Aid (MHFA)** a one-day course is designed to empower people to support their own mental health and that of the people they connect with in life organised by Birmingham City University.
- Completed training in '**preparing postgraduate researchers to teach in Higher Education** at Birmingham City University accredited by Staff and Educational Development Association (SEDA) in August 2018-UK.

- Completed **the development impact module training** organized by Commonwealth Scholarship-UK in 2016 to enhance PhD experience and empower the researchers to make an impact both in their own career, country and internationally.
- **Afya Bora Consortium Fellowship in global health leadership:** offered by university of Washington, University of Nairobi, University of Pennsylvania, university of Botswana, John Hopkins University, University of California San Francisco, University of Muhumbili and Makerere University.
- **Global program management and leadership:** Graduate level distance learning offered by University of Washington
- **Engendering curriculum:** A one-week training organised by the department of Gender; Kenyatta University; on making our curriculums more gender sensitive to help empower our students to help them face the current challenges in society.
- **Infection Prevention and Control:** Attended a course offered through the Kenyatta National Hospital.
- **Mentorship course:** Offered by **Africa Medical Research Foundation (AMREF)**, this course was geared to equip participants with skills on how to guide the distance learning-nursing students in the clinical areas.

#### **MEMBERSHIP OF PROFESSIONAL BODIES:**

- Registered Nurse Practitioner with Nursing Council of Kenya
- National Nurses Association of Kenya
- Kenya Paediatric Chapter
- Neonatal Association -UK

#### **ACADEMIC APPOINTMENTS**

**OCT 2020- TO- Date:** Chairperson Medical Surgical & Pre-clinical Nursing

**OCT 2011- TO- Date: Lecturer:** School of Nursing Sciences, Kenyatta University

**JAN 2019 – July 2019:** **Part-time assistant lecturer** in conjunction with Birmingham City University Graduate Research Teaching Assistant- doctoral training (GRTA)

**JAN 2011- APR 2011: Part-Time Lecturer:** Kenya Methodist University, Nursing Department.

#### **EMPLOYMENT RECORD**

**1. Kenyatta university-** October 2011 to Date

**Position: Lecturer**

**Key duties and responsibilities**

- Deliver lectures, seminars and tutorials
- Design, prepare and develop unit and teaching materials
- Develop and implement new methods of teaching to reflect changes in research

- Write up research and prepare it for publication
- Assess students' coursework
- Set, invigilate and mark examinations
- Departmental examination coordinator
- supervise students' research activities, including master's dissertations and final year undergraduate projects.
- Support students through a mentorship role
- Prepare bids to attract funding
- Carry out administrative tasks related to the department, such as student induction programmes and involvement in committees and boards
- Contribute to professional conferences and seminars in paediatric field
- Participate in staff training activities.

**2. Research fellow- Afya Bora Consortium fellowship in global health leadership. Attached Epidemiology, Surveillance and informatics, Division of Global HIV/AIDS, Centre for Global Health, CDC Kenya January 2011-August 2011.**

Main responsibilities

- Surveillance – Participated in protocol writing of Kenya AIDS Indicator Survey 2012
- Development of Kenya AIDS Indicator Survey questionnaires
- Data quality assurance with monitoring and evaluation unit.
- Manuscript draft on characteristics of orphans who reported not having received vital services during Kenya AIDS Indicator Survey 2007

**3. Kenyatta National Hospital February 2003 to September 2011:  
Position- Nursing Officer 1 and clinical instructor and Mentor**

**KEY RESPONSIBILITIES**

1. Providing direct clinical services to patients and clients.
2. **Operational research-** To improve the quality of service offered to clients and improve client care through evidence-based practice
  - Research on Management and outcome on severe dehydrated children admitted to paediatric ward.
3. Administration and Management:
  - Participating in the hospital strategic planning activities.
  - Member of the Departmental hospital management team.
  - Management of supplies and other resources.
  - Clinical services administration;

- Member of several hospital committees;
    - Infection prevention committee-
    - Disease surveillance team
    - Continuing education committee- chairperson
    - Prevention of Bedsore committee- secretary
    - Hospital Drug and therapeutic committee
4. Coordination of continuing Medical education Paediatric department in the hospital

**4. The Nairobi Hospital-July – December 2001**

**Position:** Staff Nurse

**KEY RESPONSIBILITIES**

1. Providing direct clinical services to patients and clients.
2. Administration and Management:
  - a. Participating in the hospital strategic planning activities.
  - b. Member of Hospital Drug and therapeutic committee
3. Mentorship of distance-learning students upgrading from Enrolled to Diploma Nursing, and Bachelor of Science in nursing interns posted to the hospital,
4. Assessment and supervision of students

**5. The Aga Khan University Hospital, Nairobi – Jan 2000-June 2001**

**Position-Staff Nurse**

Working in Medical and Surgical Private Wing of Kenya's premier hospital.

Key responsibilities

- providing high level of nursing care to clients
- Revising standard operating procedures.
- Advising clinical management on potential corrections or improvement.

**6. The Aga Khan University Hospital, Nairobi –Feb 1999- Jan 2000**

**Position: Nurse Intern**

## **7. Honours and Awards**

2015 onwards: Commonwealth Scholar

2011, I was chosen among the few Kenyans for an international Fellowship program (Afya Bora Consortium Fellowship Program)

2004 Nurse of the year, Kenyatta National Hospital, Orthopaedic Department

## **RESEARCH ACTIVITIES**

### **Current Research Activities**

1. Examining Kangaroo Mother Care Practice with Preterm Infants on a Neonatal Unit in Nairobi, Kenya: A Mixed Methods Approach

### **Previous Research Activities**

1. Research on: **Factors influencing nutritional status of school children (5-14 years) in Kibera location, Nairobi.** A dissertation in part fulfilment for the award of the degree of Master of Public Health.
2. Research on: **Factors influencing glycemic control of adolescents (10-19 years) with type I diabetes attending Kenyatta National Hospital.** A dissertation in part fulfilment for the award of the degree of Master of Science in Nursing – Paediatric
3. **Kenya Aid Indicator Survey 2012.** A Population based HIV surveillance in Kenya and contributed in protocol and development of questionnaires.

### **Publications**

Bett, S. T., Khaemba, E. N., Mweu, J. M., Wangara, A. A., & Nyangeri, B. O. (2015). Household food security situation, eating patterns and nutritional status of school children aged 5-14 Years at a Nairobi informal settlement in Kenya. *African Journal of Health Sciences*, 29(5).

## **Referees**

### **Prof. Merryl Elizabeth Harvey**

Dr Merryl E Harvey

Professor of Nursing and Family Health, Department for Children and Young People's Health / Co-lead

Elizabeth Bryan Multiple Births Centre

City South Campus

School of Nursing and Midwifery

Faculty of Health, Education and Life Sciences

Formerly Birmingham City University

### **Dr. Mary Mwangi**

Technical Advisor, Division of Global HIV/AIDS,

Center for Disease Control and Prevention-Nairobi Kenya

### **Mr. Lambert Nyabola,**

Epidemiologist and Senior Lecturer,

University of Nairobi,

School of Public Health